

To Find Health

“Anyone can find disease”¹
asserted A.T. Still
to all who would listen,
namely his 1900 students.
History, examination, testing,
a plausible cause reveal.

“To find health
should be the object”,
not by the knife,
nor pills, nor sage advice.
Instead look within
where healing can be uncloaked.

- August 27, 2018

¹ Still, Andrew Taylor. *Philosophy of Osteopathy*. Kirksville, Missouri, 1899.